

# Who

## Who is DDD for?

Any individual who has a developmental disability, which starts before age 18 and is expected to continue indefinitely, may be eligible for DDD services.

Developmental disabilities are:

- mental retardation
- developmental delay (ages birth to 6)
- cerebral palsy
- epilepsy
- autism
- or other neurological conditions similar to mental retardation.

Criteria for eligibility is defined in state law.

# How

## How do I get supports and services?

**1** Call your local DDD office or look in the telephone book under Washington State, Social and Health Services Department, Developmental Disabilities Division.

**2** Ask for an application for services to find out if you or your family member are eligible.

**3** If you or your family member has an emergency which requires immediate attention, or you cannot come in for an interview, tell the worker when you call.

**4** If you have a question about your baby's development, call the Healthy Mothers, Healthy Babies Hotline or the Infant Toddler Early Intervention Program. Ask for your local family resources coordinator.

# Where

### Region 1 (N.E. Washington)

**1-800-462-0624**

Spokane 509-329-2900 TTY 509-568-3038	Colfax 509-397-5053
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Wenatchee 509-667-6164	Colville 509-685-5649 1-866-715-3646
Moses Lake 509-764-5674	Omak 509-846-2098

### Region 2 (S.E. Washington)

**1-800-822-7840**

Yakima 509-225-4620 TTY 509-454-4321	Ellensburg 509-925-0405
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Sunnyside 509-836-5438	Kennewick 509-374-2111
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Clarkston 509-751-4637	Walla Walla 509-526-2580
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Wapato  
509-877-5190

### Region 3 (N.W. Washington)

**1-800-788-2053**

Everett 425-339-4833 TTY 425-339-4850	Oak Harbor 360-240-4729 1-877-890-2631
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Bellingham 360-676-2000 1-800-239-8285 TTY 360-738-6256	Mt Vernon 360-416-7261 1-800-491-5266 TTY 360-416-7270
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### Region 4 (King County)

**1-800-314-3296**

Seattle 206-568-5700 TTY 206-720-3325	South King County 253-372-5770 1-800-974-4428 TTY 253-372-5759
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### Region 5 (Pierce/Kitsap County)

**1-800-248-0949**

Tacoma 253-593-2812 TTY 253-572-7381	Bremerton 360-475-3490 TTY 360-475-3492 1-800-735-6740
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### Region 6 (S.W. Washington and Olympic Peninsula)

**1-800-339-8227**

Olympia 360-725-4250 TTY 360-586-4719	Shelton 360-432-2039 1-800-222-8295 ext. 2039
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Port Angeles 360-452-3327 1-877-601-2760	Port Townsend 360-379-4053
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Centralia 360-807-7010	Aberdeen 360-537-4360
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South Bend 360-875-4244	Kelso 360-501-2520 TTY 360-501-2489
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Vancouver 360-750-4250 1-888-877-3490 TTY 360-690-4738	Long Beach 360-642-6229
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### Infant Toddler Early Intervention Program (Olympia)

**360-725-3500/TTY 360-407-1087**

Healthy Mothers, Healthy Babies Hotline

**1-800-322-2588**

DDD Central Office (Olympia)

**360-725-3413**


**Nondiscrimination.** It is the policy of the Department of Social and Health Services that no person shall be subjected to discrimination in this agency or its contractors because of race, color, national origin, gender, age, religion, creed, marital status, disabled or Vietnam Era Veteran status, or the presence of any physical, mental, or sensory handicap.

For more information,  
visit the DDD Internet website at:


<http://www1.dshs.wa.gov/ddd/index.shtml>

## DDD Supports and Services

# Who What Where How



Aging &  
Disability  
Services



Washington State  
Department of Social  
& Health Services

# What

## *What is DDD?*

The Division of Developmental Disabilities (DDD) is part of the Department of Social and Health Services. DDD assists individuals with developmental disabilities and their families to obtain services and supports based on individual preferences, capabilities and needs, and which promote everyday activities, routines and relationships common to most citizens.

DDD uses state and federal funds to provide or purchase supports and services for eligible persons and their families. Resources are limited and needed services may not always be available. Services vary from region to region.

## *What is available?*

### **Case Management**

Helps eligible persons and their families:

- identify interests and support needs;
- coordinate planning and development of resources; and
- monitor service delivery.

### **Medicaid Personal Care**

Provides personal care assistance for Medicaid eligible persons assessed as needing assistance with at least one direct personal care task as a result of the person's disability. This service is provided in the person's own home or adult family home and is a Medicaid entitlement.

### **Employment**

Provides ongoing support services and training for eligible persons with paid jobs in a variety of settings and worksites. May include individual or group options in the community and specialized industry settings.

### **Community Access**

Provides activities, special assistance, advocacy and education to help eligible persons participate actively in their community.

### **Infant Toddler Early Intervention Program**

Provides early intervention services, including family resources coordination, for eligible children from birth to age 3 and their families.

### **Family Support**

Provides a variety of individual and community services to assist families in caring for their family member in their home. Includes respite care and therapies.

### **Foster Care**

Provides voluntary placement in foster care, under certain circumstances, for children under 18.

### **Community Supports**

Provides medical, dental, professional therapies, transportation, and medically intensive services.

### **Residential Services**

Provides a variety of living alternatives for eligible persons who live with others or by themselves.

### **Residential Habilitation Centers (RHC)**

Provides intensive services in 5 state operated residential facilities for individuals needing a high level of nursing care or skill development. In addition, respite and other specialized services may be available to persons living in the community.